



From the Pulpit into Life

February 4 – 5th Sunday after Epiphany

Called to Healing – Focus Text: Mark 1:29–39

Healing takes many forms. So many people with so many needs. The scriptures give accounts of healing in body, in spirit, in mental health, in community, and in nations. With so many ways, God tends to God's people; we see that healing is a process and always in process for those who seek God and are known by God's love.

This week: Pray each day this week for those who heal bodies, minds, spirits, and relationships.

February 11 – Transfiguration Sunday

Called to Resurrection – Focus Text: Mark 9:2–9

The story of the transfiguration is an odd text. It is shrouded in mystery and magic, but it speaks to our core questions about identity. Who is Jesus? Who are we?

How are we to relate to Jesus and tell others about how Jesus relates to us?

This week: Some experiences are bigger than words. Photograph or draw an image this week that shows where you see God. Share it widely.

February 18 – First Sunday in Lent – Celebration of Love

God Loves Us – Focus Text: Genesis 9:8–17

"I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth." Nature is full of promise – rainbows in the midst of clouds promise the sun has emerged, buds promise new life, every morning is full of the promise of new beginnings.

This week: Imagine yourself surrounded by promise and look for signs of it in the world around you.

February 25 – Second Sunday of Lent

The Blessing of Generations – Focus Text: Genesis 17:1–7, 15–16

"I will make you exceedingly fruitful."

Last week we looked for signs of promise in the world around us.

This week: Think about the ways you yourself create signs of promise. Think about the physical things you make – meals, art, repairs to objects, gardens. What promises do they convey? How do your interactions with others bring promise to the world? Choose one thing you normally do and do it intentionally as a sign of promise to the world.