



From the Pulpit

Seasons of the Spirit

June 3 – Second Sunday of Pentecost

Focus Text: Samuel 3:1–10, (11–20) – *“Listening, Speaking, Acting”*

Additional Texts: Psalm 139:1-3,13-18; 2 Corinthians 4:5-12; Mark 2:23-3:6

This week: Reflect on times when you have felt called to do ministry.

What have you been called to do?

June 10 – Third Sunday after Pentecost

Focus Text: 1 Samuel 8:4–11, (12–15), 16–20, (11:14–15) – *“Choices and Consequences”*

Psalm 138; 2 Corinthians; Mark 3:20-35

This week, consider ways and times you look to God’s leading.

June 17 – Fourth Sunday after Pentecost

Text week: 1 Samuel 15:34—16:13 – *“God’s Role for Me”*

Psalm 20; 2 Corinthians 5:6-10; Mark 4:26-34

This week, try to look beyond appearances and into people’s hearts.

June 24 – Fifth Sunday after Pentecost

Focus Text: 1 Samuel 17:(1a, 4–11, 19–23), 32–49 – *“Agents of God”*

Psalm 9:9-20; 2 Corinthians 6:1-13; Mark 4:35-41

This week: Imagine ways you will use the gifts of God to diffuse a difficult situation.

July 1 – Sixth Sunday after Pentecost

Mark 5:21–43 – *“Brushing Up against Grace”*

2 Samuel 1:1,17-27; Psalm 130; 2 Corinthians 8:7-15

This week: reflect on a time when you have felt discouraged in something you wanted to do in response to God’s call. How did you carry on, or how could you carry on?

Write about it in your journal.

July 8 – Seventh Sunday after Pentecost

Focus Text: Mark 6:1–13 – *“Brush Away the Dust”*

2 Samuel 5:1-5,9-10; Psalm 48; 2 Corinthians 12:2-10

This week, consider to what God might be calling you. Who might encourage you in that?

Make contact with that person.

July 15 – Eighth Sunday after Pentecost

Focus Text: Ephesians 1:3–14 – *“Who Does God Say We Are?”*

Additional texts: 2 Samuel 6:1-5,12b-19; Psalm 24; Mark 6:14-29

This week, ponder the questions: How do you understand yourself to be “saved”?

When do you feel like you are in close relationship with God? Write about it in your journal.

July 22 – Ninth Sunday after Pentecost

Focus text: Ephesians 2:11–22 – *“Household of God”*

Additional Texts: 2 Samuel 7:1-14a; Psalm 89:20-27; Mark 6:30-34,53-56

This week, think of a time when you were bothered by the details of obedience and felt freed by focusing instead on God’s call to love one another. Write about it in your journal.

July 29 – Tenth Sunday after Pentecost

Focus text: John 6:1–21 – *“Into the Land of Faith”*

Additional texts: 2 Samuel 11:1-15; Psalm 14; Ephesians 3:14-21

This week, reflect on a time when you felt scared, abandoned, or alone.

How did you feel the presence of God with you?

Create prayer/poem/psalm that tells of this experience.